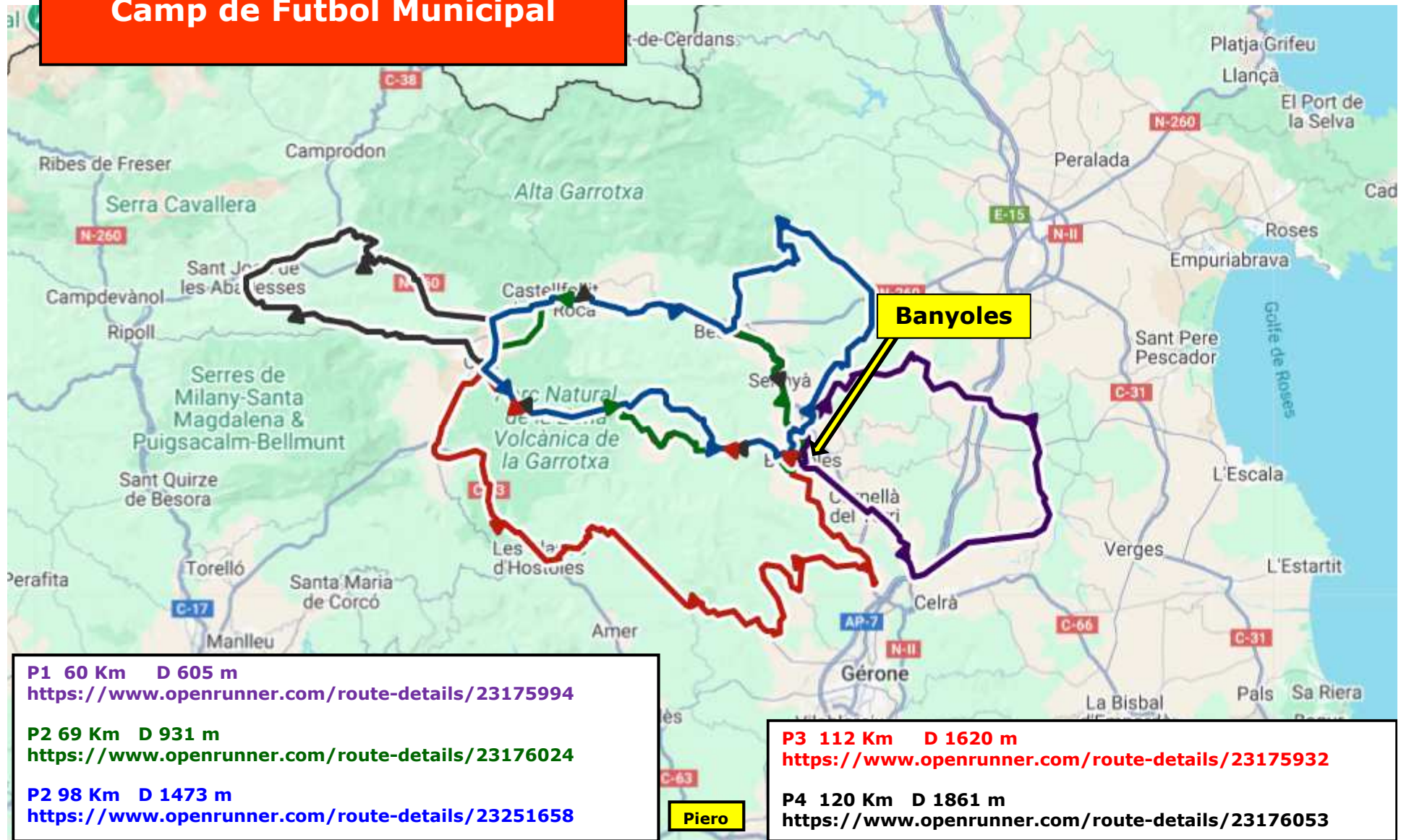


Départ de Banyoles

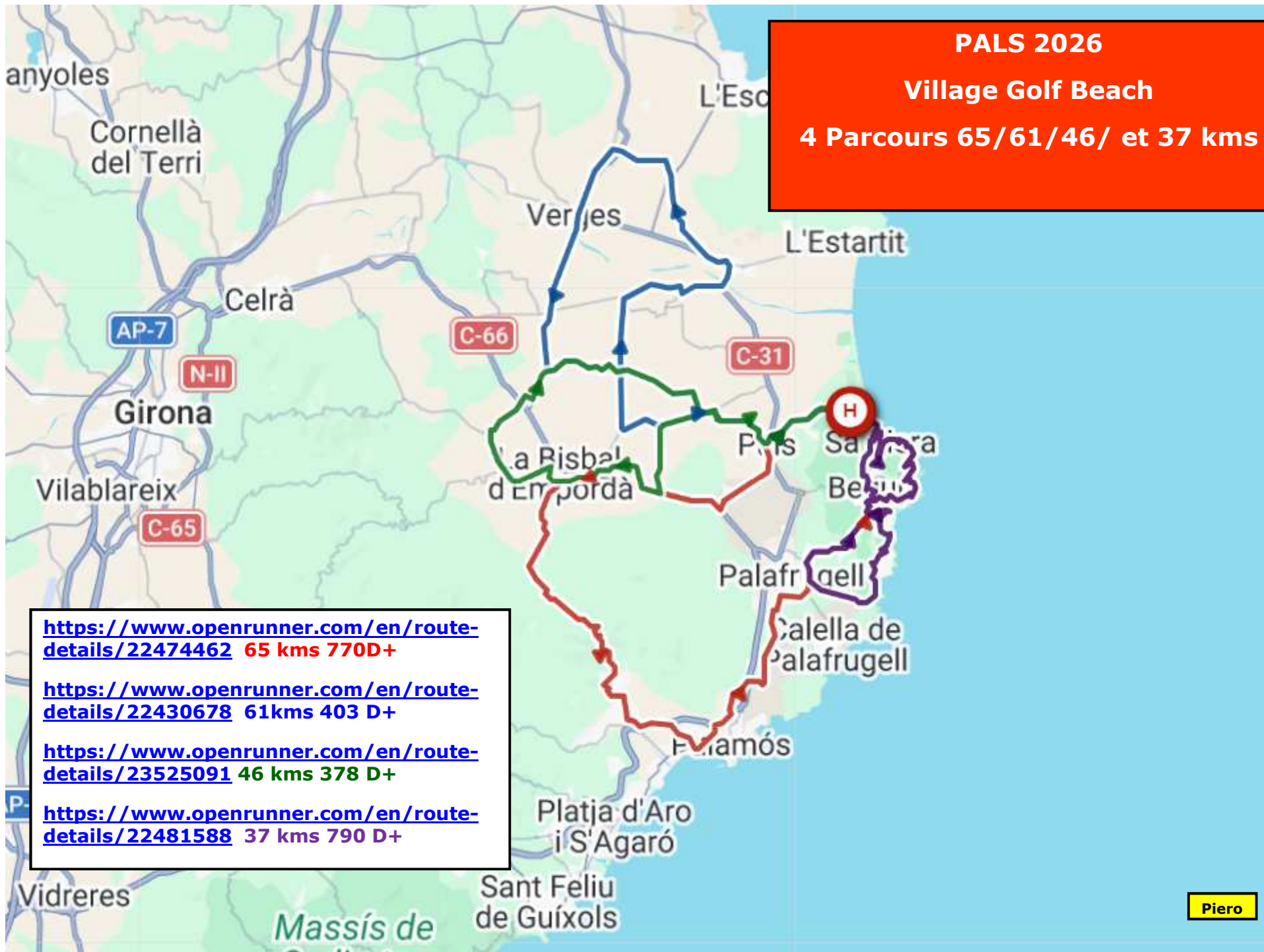
Camp de Futbol Municipal



Départ de Palamos Camp de Futbol de Palamos



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|--|
| P1 71Km D 1098 m https://www.openrunner.com/route-details/23053115 |
| P2 80 Km D 1088 m https://www.openrunner.com/route-details/23186053 |
| P3 104 Km D 1521 m https://www.openrunner.com/route-details/23177469 |



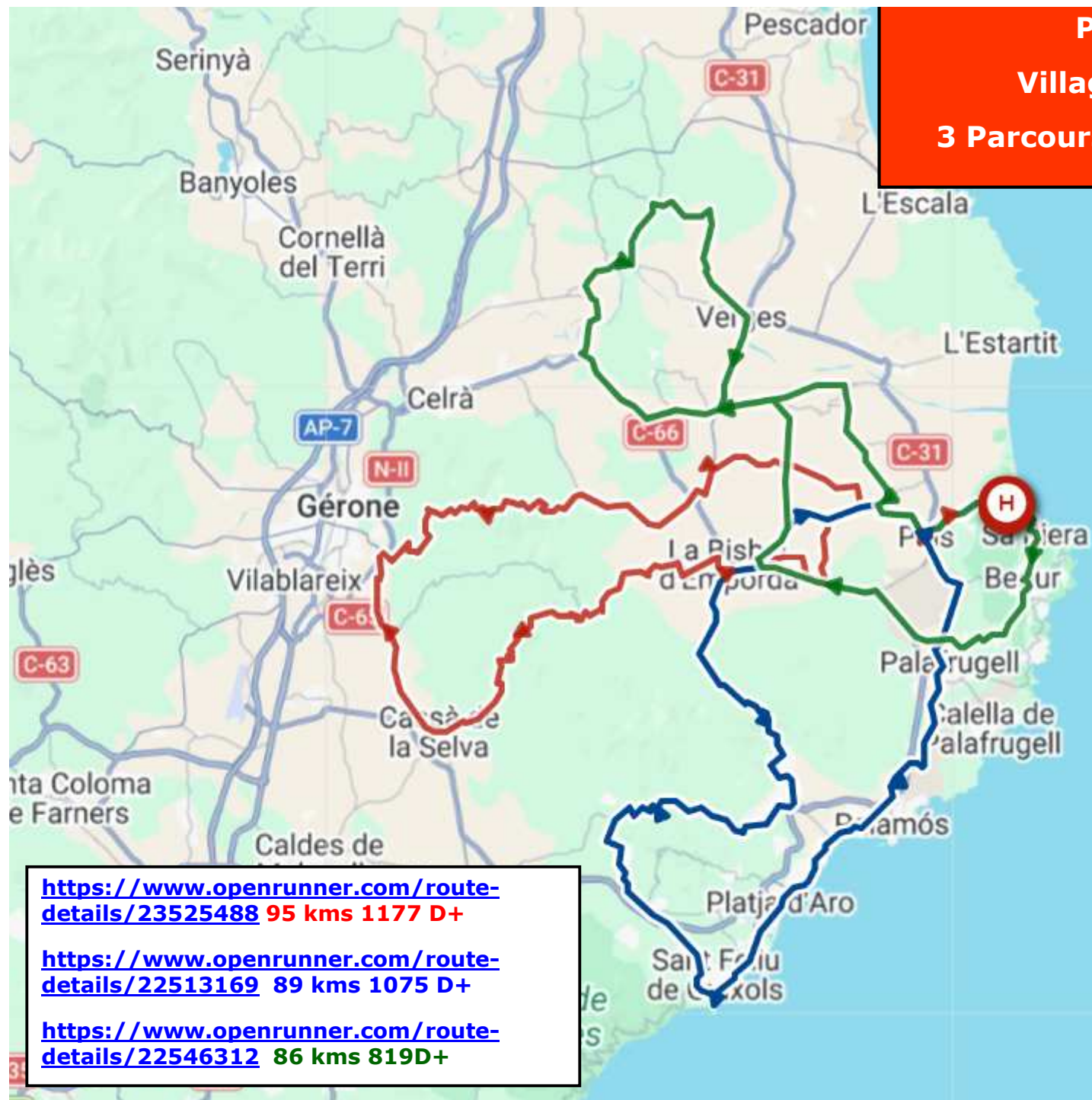
PALS 2026
Village Golf Beach
4 Parcours 65/61/46/ et 37 kms

- <https://www.openrunner.com/en/route-details/22474462> **65 kms 770D+**
- <https://www.openrunner.com/en/route-details/22430678> **61kms 403 D+**
- <https://www.openrunner.com/en/route-details/23525091> **46 kms 378 D+**
- <https://www.openrunner.com/en/route-details/22481588> **37 kms 790 D+**

PALS 2026

Village Golf Beach

3 Parcours 95/89 et 86 kms



<https://www.openrunner.com/route-details/23525488> 95 kms 1177 D+

<https://www.openrunner.com/route-details/22513169> 89 kms 1075 D+

<https://www.openrunner.com/route-details/22546312> 86 kms 819D+